

Sunday, May 10<sup>th</sup>, 2026

## Spirit, Soul, and Body

### Week 4

#### 1 Thessalonians 5:23

<sup>23</sup> Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ.

**After** being born again, the rest of your Christian life consists simply of **renewing** and **releasing**. As you renew your mind and believe God's Word, your soul will agree with what's already transpired in your spirit. When your soul comes into alignment with what it sees in God's spiritual mirror, what's already in your spirit releases into your soul and body. That's how you experience the full benefits of your salvation.

#### Romans 12:2

<sup>2</sup> And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.

#### 1 John 4:17

<sup>17</sup> Love has been perfected among us in this: that we may have boldness in the day of judgment; because as He is, so are we in this world.

As He is, this is Jesus, so are you—right now—in this world. The Word says now, presently, here on earth. As Jesus is, so are you!

**Studying** God's Word will **draw** out the wisdom that's in your spirit. When you're reading the Bible, you are receiving words with your physical eyes that are spirit and life. As you **take** this knowledge into your soul, new thoughts and ideas come to your physical mind. When this happens, your **spirit** will bear witness with it. **Salvation** gained. The **supernatural** begins to happen. **Fruits** are planted. **Eternal** Life is there. **Healing** is ours. **Prosperity** is ours. And we have the **mind** of Christ.

If we **stop** renewing our mind. **Everything gets** clogged up from coming into manifestation. It doesn't go away! We are just preventing all of these blessings from coming out. We have obtained all of what has been atoned for upon Salvation through what Christ died for. We still have the **mind** of Christ in our sealed Spirits. But we reap zero benefits of all of this if we choose not to renew our minds.

**Let's** reset this. Surely you've read a scripture and felt like all of a sudden you "saw" it. You may have read it a hundred times before, but all at once everything within you shouts, "Yes!" That's your **spirit** and your soul becoming of one mind. When your soulish realm gains a truth and begins to embrace it, your spirit connects and agrees. Once the connection is made, that truth just goes off inside of you. It's now revelation and reality to you. Because of your inner witness, you don't necessarily need anyone else to prove it; you just know.

Several scriptures reveal this inner witness. **Romans 8:16** says,

**<sup>16</sup>The Spirit Himself bears witness with our spirit that we are children of God,**

**1 John 5:6–10** also describes this, specifically verse 10, which says,

**<sup>10</sup>He who believes in the Son of God has the witness in himself;**

Studying God's Word is vital for achieving single-mindedness and releasing God's power. Your spirit mind, the mind of Christ, agrees completely with the Word. When a truth from God's Word takes root in your soulish realm, that same knowledge, which has already existed in your spirit mind, rises up and meshes with it. This draws God's power resident within you, out into the physical realm. That's when you see manifestation.

**Praying** in **tongues** is another powerful way to **release** the mind of Christ.

**1 Corinthians 14:1–2**

**<sup>14</sup>Pursue love, and desire spiritual gifts, but especially that you may prophesy. <sup>2</sup>For he who speaks in a tongue does not speak to men but to God, for no one understands him; however, in the spirit he speaks mysteries.**

When you pray in the Spirit, you are speaking mysteries.

Look at **verse 14** of that same chapter:

**<sup>14</sup>For if I pray in a tongue, my spirit prays, but my understanding is unfruitful.**

**Your spirit** prays! This scripture shows both minds in operation. When you pray in tongues, your spirit prays, but your understanding—your soulish, physical, natural mind—is unfruitful.

You build yourself up by praying in tongues. Look at **verse 4**:

**<sup>4</sup>He who speaks in a tongue edifies himself, but he who prophesies edifies the church.**

**Edify** means "**to build up**" or "**to promote spiritual growth.**" It's your soul that's actually growing and being built up because your spirit is already perfect and complete. The mind of Christ in your spirit prays when you pray in tongues.

**Your** goal is to facilitate *single*-mindedness. You are not trying to get the Word of God into your spirit because the mind of Christ already knows all things. You are trying to get God's Word into your soul so that your spirit can bear witness with it. As your soulish realm embraces a truth and agrees "Yes God, this is what I believe. I'm throwing out all other contrary thoughts and belief systems. This truth will now rule my life," you become of one mind. Your soul unites to your spirit's way of thinking, and you're built up by drawing your spirit's wisdom and knowledge out into the physical realm. That's when you'll see God's power manifest.

Let's go back to **verse 2**. When you pray in tongues, your spirit prays the hidden wisdom of God. <sup>2</sup> **however, in the spirit he speaks mysteries.**

What are those mysteries?

### **1 Corinthians 2:7**

<sup>7</sup> **But we speak the wisdom of God in a mystery, the hidden *wisdom* which God ordained before the ages for our glory,**

In 1 Corinthians 2, Paul describes his preaching and wisdom. He didn't just use his human intellect but ministered God's Word. Look at **verse 4**:

<sup>4</sup> **And my speech and my preaching were not with persuasive words of human wisdom, but in demonstration of the Spirit and of power,**

In the process of explaining this, Paul actually put down carnal knowledge—learned physical knowledge, the kind you receive from school—in favor of God's wisdom. In other words, there's a wisdom that proceeds from your born-again spirit, the mind of Christ, and there's a wisdom that comes from your physical brain (what somebody taught you). Since you cannot really understand the things of God with just your natural mind, you must understand them through your spirit man. It's this wisdom that comes from your spirit that enables you to relate to God. Paul preached this wisdom as he invited unbelievers to believe and as he encouraged them to mature.

I'd like to clear up a misuse of **1 Corinthians 2:9**, which says,

<sup>9</sup> **But as it is written: "Eye has not seen, nor ear heard, nor have entered into the heart of man the things which God has prepared for those who love Him."**

Some people read that and say, "This contradicts what you're teaching. It shows that you can't really know the things of God. This verse proves that He's mysterious and you can't really know."

But, don't stop reading there! Keep reading the next few **verses 10-12 and verse 16**:

<sup>10</sup> **But God has revealed *them* to us through His Spirit. For the Spirit searches all things, yes, the deep things of God. <sup>11</sup> For what man knows the things of a man except the spirit of the man which is in him? Even so no one knows the things of God except**

the Spirit of God. **12 Now** we have received, not the spirit of the world, but the Spirit who is from God, that we might know the things that have been freely given to us by God. **16** For “who has known the mind of the Lord that he may instruct Him?” But we have the mind of Christ.

First Corinthians 2:9 contrasts Old Testament saints, who couldn't understand, with New Covenant believers, who know all things in their spirits. Old Covenant people weren't born again, so they didn't have born-again spirits. Because of this, it's totally accurate to say that they couldn't understand the things of God. To them, it's foolishness because the things of God have to be spiritually discerned. However, it's inaccurate to say the same thing about a New Testament believer who has the mind of Christ in their born-again spirit. You can understand the things of God!

Paul preached the hidden wisdom of God that he received by revelation. As Paul prayed in the spirit, he spoke forth God's mysteries and received revelation knowledge concerning them. Still, he did not preach or teach in tongues. Paul ministered in his native language the wisdom he received through praying in tongues.

**Pray** in **tongues** when you study God's Word. As you do, you'll release the mind of Christ into your soulish realm through revelation knowledge. I'm not advocating speaking in tongues and then just accepting whatever comes to mind as being from God. No, it should line up with the Word. God will supernaturally reveal things to you through His Word as a result of praying in tongues.

**Revelation** knowledge comes by the Holy Spirit inside your born-again spirit bearing witness in your soul with a truth from God's Word. You might be reading or listening to Scripture when suddenly it comes alive inside. That's revelation!

### **Offering Break**

As you speak in tongues, your spirit prays and the perfect mind of Christ releases the hidden wisdom of God. Let God give you understanding so that revelation knowledge of the mysteries you are speaking in the spirit can come out into your physical mind. That's when you will see His power manifest.

**Mark 11:24:** <sup>24</sup>Therefore I tell you, whatever you ask in prayer, believe that you have received it, and it will be yours. **Matthew 21:22:** <sup>22</sup>And whatever you ask in prayer, you will receive, if you have faith. **John 14:13-14:** <sup>13</sup>Whatever you ask in My name, this I will do, that the Father may be glorified in the Son. <sup>14</sup>If you ask me anything in my name, I will do it. **John 15:7:** <sup>7</sup>If you abide in me, and my words abide in you, ask whatever you wish, and it will be done for you. **John 16:24:** <sup>24</sup>Until now you have asked nothing in my name. Ask, and you will receive, that your joy may be full. **Luke 11:13:** <sup>13</sup>If you then, who are evil, know how to give good gifts to your children, how much more will the heavenly Father give the Holy Spirit to those who ask him!